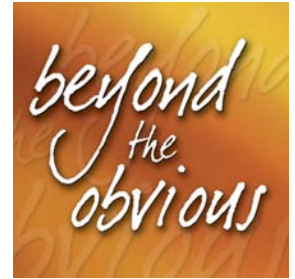


The Northern School of NLP



News Update



ONLY JOKING!

Obituaries are vastly over-rated! Well might you think Derek and I are now lotus eating in some far off paradise, given our announcement last June - but just foolin' ya! When it came to it, we realised that we weren't ready to leave and we still had lots more to do.

And we've discovered that we can have fun tootling out in our motor home (aka Piggy due to registration plate with PGY) and carry on training and doing our development work. What more could we ask for.

So since we were last in touch, lots has happened. This year we have finished two Practitioner programmes and launched some fabulous learners out in the world. Last weekend we had the best ever final Self Build Certification weekend with absolutely cracking Models being presented and demonstrated. Just fabulous. And we have completed our 3rd Trainers Training programme. And if that was not all, we have had great success with our Psych Dippers, with another 5 gaining UKCP accreditation. And to this our Explorer's Club and Practice Group, all living proof that The Northern School is rockin' as usual.

Lots more detail on the next pages. Hope it makes good reading for you, and those you know. Hope to continue hearing from you. Have a great Summer.

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SCHOOL NEWS



★ Tony Whalley:

The biggest shock was the news of the sudden death of Tony, just before Christmas. He was out with his wife Linda, on his canal boat, enjoying the peace of leisurely pace of life, when he suddenly collapsed without warning. It is still uncertain what the cause was.

Many people from the School attended his funeral, which over filled the church. The music he wrote for the School was played.

Tony was a great supporter of the School's activities. He first came to Station House in Spring 2006, referred by fellow MEN colleague Bernadette Hernandez. He went on to gain his Master Practitioner in 2007 and assisted on the Autumn 2007 Practitioner. He was supported the Practice Group, and was part of this year's Trainer Training programme. Throughout it all he will be known for his enthusiasm, his commitment to NLP and for his liveliness and good humour.

A truly shocking outcome, which reminds us that we better get on with it, and this isn't a dress rehearsal.

So Tony your spirit will be forever with the School and your song *Awakening* will take on even more meaning for us.

★ **Lynn and Chris Ball** took their Meta Programme learning that bit further and attended Frank Daniels' Certification programme for Words that Change Minds. Both were successful and have another frame to find to fill the wall that bit more.

★ **Ben Alldred** - great news for Ben and his wife, with the prospect of a new little Alldred on the way.

★ **Helen Platts and Masha Bennett** have also successfully completed their Diploma in Psychotherapy, so congratulations to them. Along with **Dawn Haworth, Greta Irving and Zannie Barrett** they have achieved their NLPtCA Accreditation and await their UKCP Registration as a result.

★ **Gemma Sloan** tied the knot in March - to Alan Holdsworth "the hunky fireman", in Grand Cayman - all arising from an NLP exercise no less!

★ **Lisa Cheetham** has just emailed "We are all loving life in Australia, it very quickly felt like home. The nlp has really helped me accept the good stuff and work through any obstacles. The boys adapted so quickly and we have been very proud of how they have taken it all in their stride, they have both made lots of new friends and are doing well at their new schools."

★ **Lynn Sandelance** and her team celebrate winning the **New Charter GREAT Team Award**. Congratulations to all of you and Lynn for your leadership abilities.

★ **Simon Hitchin** is finding NLP very useful with his driving pupils - anchoring calm confidence for the test and especially state management when exchanging details with the man who ran into the back of his pupil whilst on test!

★ **Becca Squires** has become a biker's moll as **Lou** has now passed her test and is in charge of a rather fetching 650cc beast called Rita. Watch out Dale walkers - be prepared to pull yourselves out of hedge-rows.



PRACTITIONER NEWS

Autumn 2008



Our 26th Practitioner came to its delightful and successful end in January, with everyone performing really well and going away clutching their well deserved Certificate.

Congratulations go to: **Bernadette Mullin, Chris Lam Cham Kee, David Kerr, Derek King, Hilary Kenny, Jed Barr, Kath Corrigan, Lucy Robinson, Lynda Harvey, Margaret Taylor, Michelle Atkin, Nicola Harkness, Paul Sigsworth, Peter Randles, Richard Choueke and Simon Hitchen.**

For the first time ever, however, Fran, stricken by flu, was unable to witness the fruits of their fabulous learning. She managed to stagger in for the closing session and everyone stayed well back.

We are particularly grateful for the excellent assisting prowess of **Steve Hayes** and **Fe Foreman**, (Robinson) who kept us on the straight and narrow and supported us masterfully,

Spring 2009

February saw the start of our next Practitioner, By this time Fran was recovered - early Swine Fever? And as ever NLP worked its magic and people were achieving results way beyond their imaginings. Lovely projects and great insights, plus lots of laughter and close connection.

Congratulations this time go to: **Anne Staines, Becky Virgo, Dimple Thakrar, Jeannette van der Weide, Joe Cain, Judi Goodwin, Michael Waring, Peter Hindle, Ruth Vasey, Sara Summers, Vicky Bowskill and Zoe Hines.**



Jill Harrison was our tremendous assistant.

We were treated right royally by Peter and his wife Lynda to an end of term BBQ at their beautiful house and gardens by Witham Park in Blackburn. Great food with donations going to Derian House Hospice.

"Information is like warm socks....it's a great cure for cold feet"

Wot Next?

We are going to do half a Summer Intensive, which means that we have a group coming together for the first 8 days in July, and joining the Autumn Programme for the last 3 weekends. Which by inference means that there is an Autumn programme starting in September. There are still places on each of these, and you are now able to sign up online directly from the website - www.nlpand.co.uk/training/nlp practitioner.shtml, or download the brochure with all the information, dates and registration form on www.nlpand.co.uk/news/2009_10%20practitioner%20brochure.pdf

SELF BUILD NEWS

End of an Era

We came to the end of an amazing era this June - the final full Self Build Integration and Certification weekend (there will be a final final day in November for some to present their models) And this time congratulations go to **David Kerr, Derek King, Fe Foreman, Hilary Wright, Jill Leadbeater, Lynda Harvey, Mandy Chivers, Mike Booth, Paul Sigsworth, Richard Youell, Sarah Rhodes and Sean Moriarty.**



Away back in 2001 when we first invited **David Gordon, Judith Delozier, John McWhirter and James and Penny**, Derek and I didn't fully realise just what an amazing programme of learning would unfold. In 2002 we added **Bill O'Hanlon, Steve Gilligan** to the roster. These fabulous trainers returned again and again over the years, and filled us with their knowledge, skills and wisdom in some truly memorable workshops. We also had guest appearances from **Yvonne Dolan, Lara Ewing and Shelle Rose Charvet**. And we can never forget the remarkable experiences of **Robert Dilts'** Modelling Master Classes.

A real case of build it and they'll come.

Those of you who had the pleasure of benefiting from these workshops no doubt have your favourites, and can still remember vividly the impact they made.

Derek and I were the luckiest recipients of all, since each of them have become our friends. We are indeed blessed. We thank them all for their faith and sponsorship in what we have been working towards here at Station House - **namely the continued pursuit in the understanding and application of modelling.**

And we have learnt so much from them over the years. No wonder our programmes

have been getting better and better with our learners consistently demonstrating the benefits of the fruits of our learning!

And now...

the time has come to review and reflect on our offering. No one can deny the incredible opportunity to learn from these sources. Pauline Bell's famous quote "*It was like going to the local youth club and Cliff Richard was playing.*" rings so true.

On the downside, Derek and I were aware that with the modular approach, its flexibility could also be its downside. We were not achieving such deep levels of group support, integration was less directed, some people found themselves adrift from the process and the relevance of the learning began to be missed.

And to be frank, fielding such a glittering cast was possibly an over indulgent expense.

Derek and I have put our heads together and come up with what we consider is a really exciting programme. After all, we've had 8 years of continuous input. If we haven't learnt something by now then ...!

Using the proven successful format of the Practitioner - 5 4-day weekends, we have kept the best bits of focussed modelling content, found a way to weave and integrate the learning throughout, still providing access to open workshops for those who want to dip in - and kept our much loved **David Gordon!**

We believe that from within this new programme, we will continue to develop better and better practitioners skilled in Changework activities through more and more confident Modelling skills and awareness.

Real NLP in action!

So...

You can find out more about the programme and dates by clicking on to www.nlpand.co.uk/news/2010-nlp-master-practitioner-brochure.pdf.

And it is possible to register on line from page:www.nlpand.co.uk/training/masteroverview.shtml



WORKSHOP NEWS

Given that none of us has a crystal ball at the moment to tell us how the market is going to play in the next couple of years. So we anticipate, but might find different ways of doing this, still inviting over our old friends.
Happily Steve Gilligan will be with us late October, and from the sounds of his blurb

www.nlpand.co.uk/training/hero.shtml
He has put together a fascinating workshop for us. If you haven't yet experienced Steve and his approach to Trance, then this is something you don't want to miss. If you have already been on a workshop of his, then you know the treat that is in store. How can you handle.



*Stephen Gilligan PhD
Trance and the Transformation
of Systemic Identity
30th October - 1st November 2009*

*This is Steve's only UK workshop this year, delivering his fascinating new thinking.
Worth making a firm booking in your diary and secure your place early.*

- The workshop will organize around core questions
- ☀ How do you develop a generative trance that allows transformational work?
 - ☀ What is meant by "systemic identity"?
 - ☀ What distinguishes a "positive" (helpful, generative) system from a "negative" (suffering, symptomatic) one?
 - ☀ How does the therapist open a generative trance field?
 - ☀ Once a field is opened, how is the "problem" or "complaint" brought in?
 - ☀ What else (e.g., resources) is brought into the field?
 - ☀ How is the generative trance field maintained with all these different components present?
 - ☀ How are these changes transferred/realized in the person's ordinary life?

An exciting CPD opportunity

£475 inc VAT
£75 off
for **NLPtCA** and
Professional Guild Members



Sponsored by
The Northern School of NLP
Station House Training Centre
Station Road
Whalley
Clitheroe
BB7 9RT

Find out more or book directly :
www.nlpand.co.uk or ring 01254 824504

Really worth considering. Who knows when he will next be up here.

OTHER EVENTS

NLP Conference

If you are serious about NLP and want to feel part of the wider community, then you do want to make arrangements to get to the NLP Conference. There are so many workshops to choose from and this is a great way to discover what else is out there - and how good it is at Station House! Yours truly will be presenting as usual, this time palying around with Cheap and Cheerful Models, a by product of our Explorer's Club.



Constructivist Conference

This is advance notice of a fascinating conference coming up in the Autumn. It is a must for anyone who operates under the Constructivist umbrella.
It is being arranged by NLPtCA on behalf of the Constructivist Section of UKCP, and seeks to discover the range of applications of this modality within the therapeutic context. it will be a pleasure to be with people who speak our language.
Make a note: **7th November 2009**
More details will be forthcoming.

DEVELOPMENTS

Explorer's Club

This group is proving to be a treasure trove of ideas and willingness to explore whatever is on the table.

Out of it has come a unique Map of Modelling, a new Model for Model Conditions, various ways of constructing models - the newly coined Meta Formats, and a developed understanding of the process of Punctuation Modelling. Our current work in progress is looking at the connections between archetypes and values, which I believe will prove to be very fertile.

I begin to understand Grinder's thinking about intuitive modelling and then coding. I have been thinking about this stuff for 10 years, and now it is emerging into form.

It has been such a rewarding experience to be with people who relish the notion of

structure and see value in pursuing how we can map the process further - and who are happy to give a day to talking this gobble-de-gook.

It is fair to say that the last batch of Master Practitioners benefited from my growing awareness. The next Master Practitioner will positively thrive on the fruits of our understanding. Ooooh what joy!!

The next dates are:

5th September 2009

24th October

28th November

16th January 2010

20th February

20th March

if you want to join us, then it is £60 for 6 dates, or £12 per day.

New Developments

Fran is working within the NLPtCA's Professional Standards Committee on the newly proposed 3-tier qualifications structure, which will allow for incremental stages in development towards potentially full accreditation and UKCP registration.

The focus will be on the balance between the practice and application of NLP and the

management and practice of the therapeutic relationship. It is ground breaking in its intentions, and we look forward to keeping you informed of these developments.

It might also be that this structure could transfer across to Coaching and Trainer Training Qualifications which are endorsed nationally.

Trainer Training

2008/9

We finished our 'final' three days in April. It was great to air some of the thinking emerging from the Explorer's Group with these professionals. The feedback shifted the thinking that bit more. By the end **Pete Lindsay** was ready to receive his Hogwarts Wand, with the others looking to finish off different elements. We have a final closing day in September and look to depleting stocks of Wands.

2009/10

This programme is such an exciting and creative experience. The process and content really brings home the essence of discovery inherent in NLP. Creative thinking is alive and well in Whalley!

So much so, there are only a couple of places left for the next one starting in October. . Check out the dates on the back page and see if this might be for you as well.

MORE NEWS

A First for the Guild

11th June in Birmingham saw the first group meeting of the Professional Guild of NLP . which provided tremendous discussion, and thinking regarding the Guild's position in the UK training scene, its role in relationship to the short course providers, and what the Guild Providers are offering which sets them and their learners apart.

Apart from Derek and myself, **Greta Irving and Sharon Jones** represented the School and found it fascinating to talk with trainers from other strands of development.

The Guild had available their policy for endorsement for NLP programmes offered by Registered Trainers, and give its seal of approval provided the quality assurance criteria are met.

The next meeting in September will look at the certification routes to tertiary qualifications.



Practice Group

John Garrod has ably stepped into the shoes vacated by Dawn and Lou. Supported by Derek, the group is committed to a 40:60 ratio of input to practice. It is great to see the 'hard core' faces and welcome the new ones.

Starting again in

September 9th 2009

block out the second Wednesday of every month 7 -9.30 pm - still only a fiver an evening.

Introduction Days

These days continue to be a great success, for many people getting their first taste of what NLP can offer.

Whilst we get most enquiries from being Googled, it is great to get referrals from you. It means they already have a description of the value and effects of NLP are now are wanting to find out for themselves.

[Check out the dates on the Website.](#)



FUNNIES

Darwin Awards

honoring the least evolved among us

1. When his 38-calibre revolver failed to fire at his intended victim during a hold-up in Long Beach, California, would-be robber James Elliot did something that can only inspire wonder. He peered down the barrel and tried the trigger again. This time it worked.

2. The chef at a hotel in Switzerland lost a finger in a meat-cutting machine and, after a little shopping around, submitted a claim to his insurance company. The company, expecting negligence, sent out one of its men to have a look for himself. He tried the machine, and he also lost a finger. The chef's claim was approved.

3. A man who shovelled snow for an hour to clear a space for his car during a blizzard in Chicago returned with his vehicle to find a woman had taken the space. Understandably, he shot her.

4. After stopping for drinks at an illegal bar, a Zimbabwean bus driver found that the 20 mental patients he was supposed to be transporting from Harare to Bulawayo had escaped. Not wanting to admit his incompetence, the driver went to a nearby bus stop and offered everyone waiting there a free ride. He then delivered the passengers to the mental hospital, telling the staff that the patients were very excitable and prone to bizarre fantasies. The deception wasn't discovered for 3 days.

5. An American teenager was in the hospital recovering from serious head wounds received from being hit by an oncoming train. When asked how he received the injuries, the lad told police that he was simply trying to see how close he could get his head to a moving train before he was hit.

6. A man walked into a Louisiana Circle-K, put a \$20 bill on the counter, and asked for change. When the clerk opened the cash drawer, the man pulled a gun and asked for all the cash in the register, which the clerk promptly provided. The man took the cash from the clerk and fled, leaving the \$20 bill

on the counter. The total amount of cash he got from the drawer... \$15. [If someone points a gun at you and gives you money, is a crime committed?]

7. Seems an Arkansas guy wanted some beer pretty badly. He decided that he'd just throw a cinder block through a liquor store window, grab some booze, and run. So he lifted the cinder block and heaved it over his head at the window. The cinder block bounced back and hit the would-be thief on the head, knocking him unconscious. The whole event was caught on videotape.

8. As a female shopper exited a New York convenience store, a man grabbed her purse and ran. The clerk called 911 immediately, and the woman was able to give them a detailed description of the snatcher. Within minutes, the police apprehended the snatcher. The thief was then taken out of the car and told to stand there for a positive ID. To which he replied, "Yes, officer, that's her. That's the lady I stole the purse from."

9. The Ann Arbor News crime column reported that a man walked into a Burger King in Ypsilanti, Michigan, at 5 A.M., flashed a gun, and demanded cash. The clerk turned him down because he said he couldn't open the cash register without a food order. When the man ordered onion rings, the clerk said they weren't available for breakfast. The man, frustrated, walked away. [*A 5-STAR STUPIDITY AWARD WINNER]

10. When a man attempted to siphon gasoline from a motor home parked on a Seattle street, he got much more than he bargained for. Police arrived at the scene to find a very sick man curled up next to a motor home near spilled sewage. A police spokesman said that the man admitted to trying to steal gasoline and plugged his siphon hose into the motor home's sewage tank by mistake. The owner of the vehicle declined to press charges saying that it was the best laugh he'd ever had.

AND FINALLY

Pause for Thought

A man sat at a metro station in Washington DC and started to play the violin; it was a cold January morning. He played six Bach pieces for about 45 minutes. During that time, since it was rush hour, it was calculated that thousands of people went through the station, most of them on their way to work.

Three minutes went by and a middle aged man noticed there was a musician playing. He slowed his pace and stopped for a few seconds and then hurried up to meet his schedule.

A minute later, the violinist received his first dollar tip: a woman threw the money in the till and without stopping continued to walk.

A few minutes later, someone leaned against the wall to listen to him, but the man looked at his watch and started to walk again. Clearly he was late for work.

The one who paid the most attention was a 3 year old boy. His mother tagged him along, hurried but the kid stopped to look at the violinist. Finally the mother pushed hard and the child continued to walk turning his head all the time. This action was repeated by several other children. All the parents, without exception, forced them to move on.

In the 45 minutes the musician played, only 6 people stopped and stayed for a while. About 20 gave him money but continued to walk

their normal pace. He collected \$32. When he finished playing and silence took over, no one noticed it. No one applauded, nor was there any recognition.

No one knew this but the violinist was Joshua Bell, one of the best musicians in the world. He played one of the most intricate pieces ever written with a violin worth 3.5 million dollars.

Two days before his playing in the subway, Joshua Bell sold out at a theater in Boston and the seats average \$100.00 each.

This is a real story. Joshua Bell playing incognito in the metro station was organized by the Washington Post as part of a social experiment about perception, taste and priorities of people. The outlines were: in a commonplace environment at an inappropriate hour: Do we perceive beauty? Do we stop to appreciate it? Do we recognize the talent in an unexpected context?

One of the possible conclusions from this experience could be:

If we do not have a moment to stop and listen to one of the best musicians in the world playing some of the best music ever written, how many other things are we missing?

Supplied by Jane Clack

Check 'em Out

Jane Clack bbc.co.uk/science/humanbody/sleep/sheep/reaction_version5.swf

Bill O'Hanlon <http://www.wimp.com/crazyskill>
http://www.youtube.com/watch?v=flRvsO8m_KI

Ben Allred <http://news.bbc.co.uk/go/em/fr/-/1/hi/education/7887446.stm>



DATES 2009/10

NLP and Learning

Summer 2009 Practitioner

18-25 July, with those wanting to complete the certificate joining the Autumn programme.

Autumn 2009 Practitioner

18-21 September, 9-12 October, 6-9 November, 4-7 December, 22-25 January 2010

Spring 2010 Practitioner - our 30th!!

12-15 Feb, 12-15 March, 9-12 April, 7-10 May, 4-7 June

NLP and Modelling

open to all Practitioners who have completed a 120 hour certification programme.

2010 Full Master Practitioner

29 Jan - 1 Feb	Fran and Derek	Modelling Theory
28 Feb - 1 Mar	Fran and Derek, featuring DAVID GORDON	Modelling Framework - to include The Structure of Experience *
26-29 March	Fran and Derek, featuring DEREK JACKSON	Modelling Methodologies - to include Clean Language and Symbolic Modelling *
23-26 April	Fran and Derek	Modelling Applications
21-24 May	Fran and Derek, featuring FRAN BURGESS	Modelling Integration - to include Personality Alignment *

* These 3 day events are open and can be attended as individual workshops.

NLP and Developing

This Trainer Training is open to all Master Practitioners who have completed 240 hrs NLP training.

Date	Trainer	Workshop
18 October 2009	Fran Burgess	Induction
19-23 October	Fran Burgess	Week 1
23-27 Nov	Fran Burgess	Week 2
3 - 7 Feb 2010	Fran Burgess	Week 3
19-21 April	Fran Burgess	Presentations and Certification

Additional Workshops

Date	Trainer	Workshop
23 Sept	Fran Burgess	Trainer Training Last Day
30 Oct - 1 Nov	Steve Gilligan	Systemic Identity
20-21 Nov	Fran and Derek	Modelling Certification (final Self Build Event)
TBC	Fran Burgess	Clinical Practice

For more details of these workshops, click the link or check the website: www.nlpand.co.uk

To book onto any of them, just contact us at **01254 824504** or email admin@nlpand.co.uk.